

# Reduction in Central Line Occlusions and the Elimination of Heparin Flushes in Home Infusion

**Author:** Lydia Harris, RN, BSN, CRNI - Providence Home Infusion

**Presented at:** Infusion Nurses Society (INS) Annual Convention, Phoenix, AZ, May 2014

## Abstract

Maintaining the patency of a central line is critical to insure positive patient outcomes. Catheter occlusions are a complication in home infusion that has a significant impact on patient care. This observational study utilizes anti-reflux technology housed in a needleless connector to prevent occlusions. The study describes the reduction of occlusions by tracking thrombolytic agent use in central lines while eliminating heparin flushing during home infusion.

## Objectives

- Quantify the reduction in central line occlusions after implementation of anti-reflux needleless connector technology based upon the decrease in Cathflo® Activase® usage (Nexus TKO®, distributed by Smiths Medical)
- Quantify the reduction in heparin usage from implementation of the Nexus TKO®
- Estimate the annual monetary savings for the organization from the reduction in occlusions, including staff time and medication costs

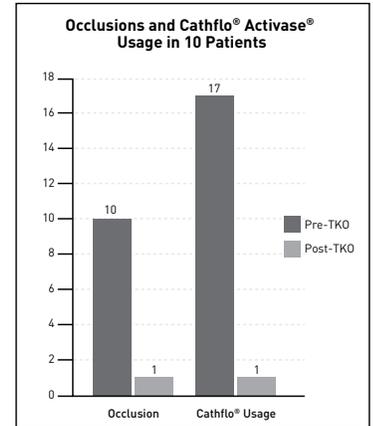


## Methods

- Retrospectively calculated amount of Cathflo® Activase® and Heparin (10U/ml and 100U/ml) used over 8 weeks for 10 compromised patients prior to using anti-reflux needleless connector
- Replaced current needleless connector MicroClave® and implemented Nexus TKO®-6 in same 10 patients, modified central line protocol to eliminate heparin flushes, and collected Cathflo® Activase® usage for next 8 weeks
- Estimated facility cost savings reduction for Cathflo® Activase®, heparin and nursing time per usage

## Results

- 90% central line occlusions reduction from 10 to 1
- 94% Cathflo® Activase® usage reduction 17 vials to 1 vial
- 100% heparin flush elimination
- Cathflo® Activase® costs were \$1,532 prior to use of Nexus TKO®-6 and \$102 for these patients after implementation
- Nursing time per occlusion estimated at 2-4 hours with an average cost of \$295
- Estimated savings of \$2,655 in nursing time for these 10 patients over 2 months



## Conclusions

- This study demonstrated that implementing anti-reflux needleless connector technology to central lines decreases occlusion rates, Cathflo® Activase® usage and provides confidence in eliminating heparin flushes in home infusion (Nexus TKO®, distributed by Smiths Medical)
- Decreased occlusion rates results in annual cost savings for both medication (>\$18K) and nursing time (>\$35K)
- Data collection and results validation will continue while implementing this technology for all central line patients across our services

## References

- Janisky, L, Wurster, J. Occlusion Reduction and Heparin Elimination Trial Using an Antireflux Device on Peripheral and Central Venous Catheters. J Infus Nurs. 2009; Vol. 32 No. 9.
- McKnight, S. Nurse's Guide to Understanding and Treating Thrombotic Occlusions of CV Access Devices. Medsurg Nurs. 2004; 13:377-82.
- Moreau, N, et al. Central venous catheters in home infusion care: Outcomes analysis in 50,470 patients. J Vasc Interv Radiol.2002; 13:1009-1016.

## Disclosure

Poster format support provided by Smiths Medical ASD, Inc.

**Distributed by:**  
Smiths Medical ASD, Inc.  
St. Paul, MN (USA) 55112  
Phone: 800-258-5361

**Manufactured by:**  
Nexus Medical LLC  
Lenexa, Kansas (USA) 66215

Find your local contact information at: [www.smiths-medical.com/customer-support](http://www.smiths-medical.com/customer-support)

Smiths Medical is part of the global technology business Smiths Group plc. Please see the Instructions for Use/Operator's Manual for a complete listing of the indications, contraindications, warnings and precautions. The Smiths Medical and Medex design marks are trademarks of Smiths Medical. The symbol ® indicates the trademark is registered in the U.S. Patent and Trademark Office and certain other countries. Nexus TKO is a registered trademark of Nexus Medical LLC. ©2014 Smiths Medical. All rights reserved. IN193871EN-042014

MPAUC-1121

**Rx  
ONLY**

**medex**™